

## Announcing the Arrival of Britain's Latest American Import: Texas Divorce Coach Christina McGhee

Houston, TX – (January 30, 2006) – How do families in the UK learn “to love their kids more than they hate their ex?” From Houston, Texas divorce coach **Christina McGhee** whose three-part documentary series *How to Divorce Without Screwing Up Your Children* begins on London's Channel 4, Tuesday, January 31, 2006.

According to TWENTY TWENTY TELEVISION, one of the UK's leading independent television production companies, more than 1 in 4 children in the UK will experience the divorce of their parents before they are 16 years old. *How to Divorce Without Screwing Up Your Children* is the brainchild of this award winning production team that brought the international Emmy winning *Brat Camp* to ABC in the US.

“Divorce is a time of crisis and it can feel devastating. It is a time when everything feels crazy and uncertain. We struggle with feeling out of control, angry, lonely, guilty, hopeless and helpless,” explains McGhee. “One of parents’ greatest concerns is how divorce will affect their children. Divorce does not doom children to years of emotional problems or lifelong dysfunction. Exposure to constant parental conflict and unhealthy families’ situations, however, can.”

The series follows three British couples as they make a last ditch effort to minimize the damage their divorces are doing to their children. They've all signed up to work with divorce coach and parent educator, Christina McGhee, where they must learn how to parent with someone they felt they couldn't be married to. Over six months these couples find a way to come together for the sake of their children.

Christina McGhee first meets the families on their home turf in England. Surprisingly, her opening assignment is to teach the right way for parents to tell children they are about to get a divorce.

The families travel to Houston Texas, and attend an intensive parenting course taught by McGhee. The program is designed to show parents how to put the anger, upset and bitterness at the ending of their marriages to one side, and concentrate solely on the needs of their children.

Back in the UK, the three families try to put in to practice all they have learned about how to minimize the damage that divorce does to kids. They try to live by their new rules – but it is hard going, with each repeatedly taking two steps forward and one step back.

Gradually though, the parents change and their kids realize that even though their parents no longer love each other, they still love them.

The series will be aired in the UK by Channel 4 - starting January 31, 2006. The series Producer, Director and Cameraman is **Sam Whittaker**.

For more information, go to [www.divorceandchildren.com](http://www.divorceandchildren.com) or contact Catherine Noyes at 281.924.4345